

Assembly Instructions

Need help? Call us at 1-800-932-3339 or email info@gymsupply.com

Bowtie

Parts Included:

- 1 Wooden Bowtie Arm
- 2 1.25" Locking Collars
- 2 1" Locking Collars
- 1 17" Steel Handle

Tools/Additional Materials Needed: 1.25" Steel Cross Pipe 5/16" Hex Key

Instructions:

Step 1:

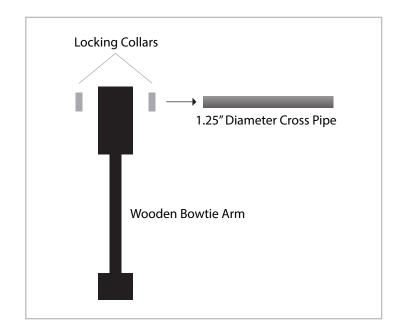
Slide 1.25" locking collar onto cross pipe, followed by wooden bowtie arm (larger end) and then second 1.25" locking collar.

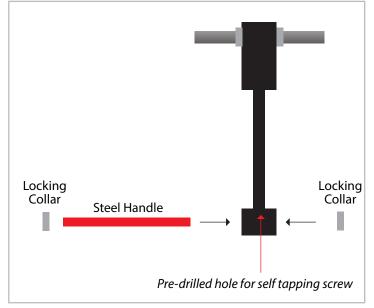
Step 2:

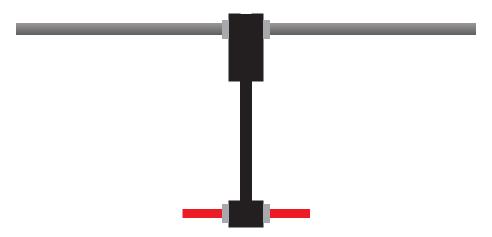
Slide steel handle through smaller end of wooden bowtie arm and then slide one locking collar on to each side. Center the handle and then slide the locking collars against the wooden arm and tighten set screws to 29 lb.ft. If a non-rotating handle is desired, tighten set screw through pre-drilled hole in center of arm until steel handle is secured.

Step 3:

Slide bowtie into desire position on cross pipe, slide locking collars against wooden arm and tighten set screws to 29 lb. ft.







WARNING: These items are not toys. Activities involving motion and height create inherent risk of serious injury including paralysis or death. These products are intended for use by properly trained participants under qualified supervision, and the user of this product therefor assumes this risk. Always know your physical limitations and limits of your equipment. Avoid landing on head or neck as serious injuries may result. Always check for proper mat positioning, equipment stability, and inspect hardware for wear and damage before and after each use. Do not use if signs of damage or excessive wear are present. DGS shall not be liable for personal injury or property damage incurred through the use of purchased items.