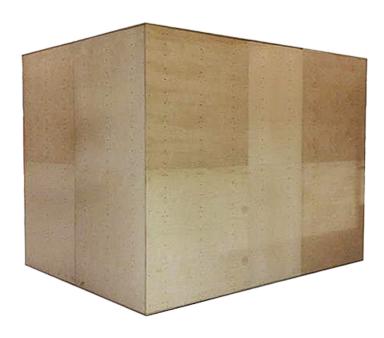


Parkour: Mega Box

9'W x 12'L x 9'H



Part Number	Part Description	Quantity
Panel TE	Top End Panels	2
Panel TM	Top Middle Panel	1
Panel BE	Bottom End Panels	2
Panel BM	Bottom Middle Panel	1
Panel SL	Side Left Panels	4
Panel SR	Side Right Panels	4
Panel SM	Side Middle Panels	2
Interior Structural Frames	2' x 4' Top & Bottom Plates	2
CUSTOM	Interior Side Support Posts	2
CUSTOM	Plywood Side Wall Support Panel	2
CUSTOM	2' x 4' 103 ½" Connector Strip	2
CUSTOM	6' Angular Base Panel End Support Strips	2
CUSTOM	39 ½" Temporary Frame Stabilizer Strap	1
P2STBK	2" Screws	460
PTN3S5	3" Screws	75

Need help?

Call 1-800-932-3339 or Email info@gymsupply.com

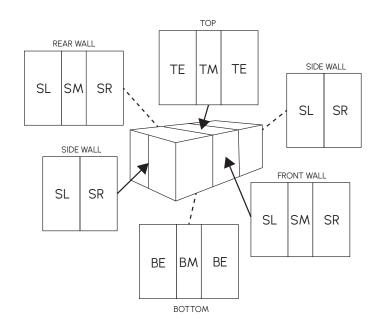


Instruction Manual

Parkour: Mega Box

Recommended Tools:

- □ Power Drill
- ☐ Flat Bar
- Measuring Tape
- ☐ Chalk Line Reel
- □ 8' Step Ladder



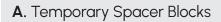
BEFORE YOU START:

You must have at least three people when maneuvering panels into position. Ensure you have enough hands before beginning the building process.

Step 1:

Using 2' x 4' Top & Bottom Plates and 3" Screws, assemble the Interior Structual Frames. Make sure each finished structural frame has a set of Temporary Spacer Blocks.

The finished dimensions should be 106.5" x 106.5".









Step 2:

After assembling the two Interior Structual Frames, stand the frames on top of the Temporary Spacer Blocks that are mounted on each frame.

Using the **Frame Stabilizer Strip**, screw in between frames on the opposite side from where the base panels connect so that the frames measure 3 ft on center.

The stabilizer will ensure proper distance between the frames and support them when the cube is layed on its base panels.





Step 3:

Before attaching the base panels, use a **Chalk Line Reel** and **Tape Measure** to snap a chalk line 1 ³/₄"
(half the frame thickness) on the 9' side of **Panel BE**- opposite the 2' x 2' corner strip. Stand up **Panel BE**and line up the frame edge with the chalk line. Secure using **2" Screws** in the predrilled holes provided.

Step 4:

Attach Panel BM alongside Panel BE and secure using 2" Screws to the exposed frame, making sure panels are tight seamed to reduce error in measurement.

Repeat this step with second frame allowing 1 ³/₄" to remain exposed for **Panel BE** connections.

Step 5:

Fasten **Panel BE** to the second frame to complete the base of the Mega Box.





IMPORTANT:

In order to lay the cube over its base, you must support the base ends to prevent any damage when laying the base down.



Step 6:

Secure diagonal braces on the outer most 2' x 4' plywood rib as illustrated in the picture using (2) 2" Screws.

Secure the other end of the diagonal brace to the closest frame with (2) 2" Screws.

A. Diagonal Brace

B. Stabilizer Strap

Step 7:

Using a minimum of three people, lift the frames together and support the base panels as the cube is layed over on its base. Have two people support the base where the frames are connected. Let the braces support the outer ends of base.

Step 8:

After the **cube base** is layed down, but before all bracing and temporary blocks are removed, move the structure into the location you desire.

A fully assembled Mega Box weighs about 2500 lbs and will not move easily.





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Step 9:

Looking at the cube base and two connected frames with base panels labled left to right: BE - BM - BE

Apply Panel SL onto edge of Panel BE making sure lower left edge is flush with base edge and secure Panel BE with 2" Screws. Secure frame to edge of Panel SL so that 1 3/4" or 1/2 of frame is exposed to accept next panel.

Panel SR is applied onto Panel BE with the 2' x 2' Corner Strip against the corner edge of Panel SL. Always secure the wall panels to the base before fastening to adjacent wall panels to minimize error in cube height. Fasten Panel SL & Panel SR using 2" Screws. The first corner is complete.





Step 10:

Panel SL is applied onto base and secured, base first and then screw to **Panel SR**.

Panel SR is applied onto Panel BE and after making sure the corner is flushed secure to the base. Flush and secure corner and attach to frame. Apply a 2' x 4' 103 1/2" Connector Strip to the 9' x 9' side panels evenly and secure with 2" Screws.

Lift **Panel TE** onto the top and maneuver into position. It's important to secure **Panel TE** to the two side panels (**Panel SL** and **Panel SR**) to assure prop position of **Panel TE**. This completes the #1 frame bay.

Panel SM is applied next with a few screws on each frame and will be removed after cube is built to allow access for interior support framing.

Panel SM is next and then **Panel TM** to complete the second frame bay.





Step 11:

Continue third frame bay by applying Panel SR, Panel SL, Panel SR and Panel SL. Always secure to base before connecting wall panels. Apply a 2' x 4' 103 1/2" Connector Strip to the 9' x 9' side panels evenly and secure with 2" Screws.

Lift **Panel TE** on top and maneuver into position. If needed, use flat bar in the center of the panel to lever **Panel TM** into position and secure all around.





Step 12:

After the Mega Box is completed, remove Panel SM and install side frame bay interior support posts using 3" Screws. Outline on both Panel BE show proper alignment of posts. After posts are secured, fasten side wall support panels between the support posts and the Panel SL-Panel SR connector strip as shown.

The support posts and panels support the top end panels and strengthen the sides of the cube.

Step 13:

Re-apply Panel SM and fully secure.